LOVE **in a BACKPACK**

## Backpacks for a Successful Transition

PLEASE DONATE TODAY!

## **Supporting Men and Women Newly Released from the Franklin County Sheriff’s Office**

Most men and women are released from the Sheriff’s Office with nothing but the clothes on their backs. We are filling backpacks with toiletries, food, and spiritual nourishment to support these individuals to ease their way in making a successful transition.

# **Join Us! Donate one or more of the items**

**listed on the back of this card!**

**YOU can make a difference for someone in transition.**

#### A Project of St John’s Episcopal Church in Ashfield & the Franklin County Transition from Jail to Community Task Force (TJC)

*Please call Ashley Lipka at the Franklin County Sheriff’s Office for more information on how to donate at (413) 774-4014 ext. 2337 or visit* [*http://www.stjohnsashfield.org/love-in-a-backpack/*](http://www.stjohnsashfield.org/love-in-a-backpack/)

**YOU can make a difference for someone in transition.**

**Toiletries and Personal Care Items:**

* Brush and comb (or hair pick)
* Shampoo & conditioner (full size)
* Soap bar & hand sanitizer
* Lotion (and sunscreen for summer)
* Wipes
* Tissue packs
* Lip balm
* Small Flashlight
* Face Masks
* Mouthwash (non-alcohol)
* Deodorant
* Tampons and pads (regular & liners)
* Washcloth and small towel
* Soft doll or stuffed animal (small)
* Hair bands/clips/pins
* Band-Aids/First Aid Kit/Q-Tips/ Safety Pins
* Rain Ponchos (that fold-up small)
* Emergency Space Blanket
* Toiletries for Men also

* Water bottle
* Small cans with pop tops
* Nuts/seeds/trail mix
* Dried fruit
* Granola bars

### Reading, Writing, Reflection:

* Bags of candy, gum, lozenges (no chocolate that can melt - Tootsie Rolls are great)
* Cookie packets
* Cereal packets
* Crackers (plain, or peanut butter, or cheese filled - multiple small packs
* Small cans with pop tops
* Jerky
* Book (pleasure reading - inspiring and uplifting)
* Blank journal
* Blank note cards & stamped envelopes to write on

### Financial donations are also welcome!

**Make checks out to:** St John's Episcopal Church (earmarked for TJC Backpacks) **Mail to:** St John's Church, PO Box 253, Ashfield, MA 0I330